

# Promotions at Work: 7 Ways You Hold Yourself Back

## Audience:

Business Professionals who suspect that they may be getting in their own way at work.

## Description:

Some of us enter the workforce with degrees and leadership experience from college and high school and are on the fast track to promotion.

Some of us start our careers in entry level positions, and get identified (or not) for our potential.

Along the way, some move forward while others plateau. Ever wonder why that happens, and what to do about it?

Come and hear **Laurie D Battaglia**, experience leader and workplace expert, talk about seven things that get in the way of promotions in the workplace. And find out what you can do about it!

## You'll Learn:

- 7 common factors that get in the way of promotions in the workplace
- Ways to catch yourself when you fall into everyday traps
- Strategies that you can implement to turn things around and gain the promotion you want

**Length of Keynote:** 60 to 90 minutes, depending on group size



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